

**SACRED HEART, TAMPA**  
**First Sunday of Lent**  
**5:30 PM CONTEMPORARY SERVICE**  
**22 February 2026**

**INTRODUCTORY RITES**

***Opening Song: We Cry Out (Johnson)***

**V.1** Oh Lord, we cry out, we've been lost.  
We need Your mercies oh God.  
We repent, for our ways,  
and we turn to You again

**Chorus:**

Oh God, we cry out, for Your mercy.  
Oh God, we cry out, for Your grace.  
Oh God, we cry out, set us free.  
Oh God, we cry out, once again.

**V. 2** Oh Lord, we cry out,  
we've been lost.

Change our hearts to Yours, oh God.

We repent, for our sin,  
and we turn to You again

**Chorus:**

Oh God, we cry out, for Your mercy.

Oh God, we cry out, for Your grace.

Oh God, we cry out, set us free.

Oh God, we cry out, once again,

once again!

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## PENITENTIAL RITE

**Cantor:** Lord Jesus, you are the source of strength to resist temptation:

Lord have mercy,

**All: *Lord have mercy!***

**Cantor:** Christ Jesus, you are the eternal sign of the Father's merciful love:

Christ have mercy,

**All: *Christ have mercy!***

**Cantor:** Lord Jesus, you are the way that leads to eternal life:

Lord have mercy,

**All: *Lord have mercy!***

## LITURGY OF THE WORD

**First Reading:** Gn 2:7-9; 3:1-7

The LORD God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being. Then the LORD God planted a garden in Eden, in the east, and placed there the man whom he had formed. Out of the ground the LORD God made various trees grow that were delightful to look at and good for food, with the tree of life in the middle of the garden and the tree of the knowledge of good and evil. Now the serpent was the most cunning of all the animals that the LORD God had

made. The serpent asked the woman, "Did God really tell you not to eat from any of the trees in the garden?" The woman answered the serpent: "We may eat of the fruit of the trees in the garden; it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, lest you die.'" But the serpent said to the woman: "You certainly will not die! No, God knows well that the moment you eat of it your eyes will be opened and you will be like gods who know what is good and what is evil." The woman saw that the tree was good for food,

pleasing to the eyes, and desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized that they were naked; so they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord **Thanks be to God!**

**Responsorial Psalm – Psalm 51**  
**Be Merciful O Lord - (Angrisano)**

**Be merciful O Lord.  
Have mercy on us,  
for we have sinned.  
We come before you,  
cleanse us from within.  
Have mercy on us Lord!**

*Music: © 1999 Steve Angrisano  
Published by OCP, SpiritandSong.com*

**Second Reading:                      Rom 5:12-19**

Brothers and sisters: Through one man sin entered the world, and through sin, death, and thus death came to all men, inasmuch as all sinned— for up to the time of the

law, sin was in the world, though sin is not accounted when there is no law. But death reigned from Adam to Moses, even over those who did not sin after the pattern of the trespass of Adam, who is the type of the one who was to come. But the gift is not like the transgression. For if by the transgression of the one, the many died, how much more did the grace of God and the gracious gift of the one man Jesus Christ overflow for the many. And the gift is not like the result of the one who sinned. For after one sin there was the judgment that brought condemnation; but the gift, after many transgressions, brought acquittal. For if, by the

transgression of the one, death came to reign through that one, how much more will those who receive the abundance of grace and of the gift of justification come to reign in life through the one Jesus Christ. In conclusion, just as through one transgression condemnation came upon all, so, through one righteous act, acquittal and life came to all. For just as through the disobedience of the one man the many were made sinners, so, through the obedience of the one, the many will be made righteous.

**The Word of the Lord Thanks be to God!**

## ***Gospel Greeting: Thy Word***

(Grant/Smith)

**Thy Word, is a lamp unto my feet,  
and a light, unto, my path!**

### **Verse 1:**

When I feel afraid  
Think I've lost my way.  
Still You're there  
Right beside me.  
Nothing will I fear  
As long as You are near.  
You are near me till the end!

*Amy Grant | Michael W. Smith © 1984 Word Music, LLC (a div. of Word Music Group, Inc.) Meadowgreen Music Company (Admin. by Capitol CMG Publishing)*

## **Gospel:**

**Mt 4:1-11**

At that time Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights, and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: One does not live on bread alone, but on every word that comes forth from the mouth of God." Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: He will command his angels

concerning you and with their hands they will support you, lest you dash your foot against a stone." Jesus answered him, "Again it is written, You shall not put the Lord, your God, to the test." Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: The Lord, your God, shall you worship and him alone shall you serve." Then the devil left him and, behold, angels came and ministered to him.

# The Gospel of the Lord

## **Praise to You Lord Jesus Christ**

*No repeat of the refrain outside  
Ordinary Time - Please be seated.*

## **Homily**

### **Apostles Creed**

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ,  
his only Son, our Lord,  
    (all bow during the next two lines)  
    who was conceived by the Holy  
    Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;

on the third day,  
he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come  
to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen.

## **Universal Prayer**

**Response: “Have mercy on us and on  
the whole world.”**

## LITURGY OF THE EUCHARIST

### **Preparation of Gifts & Altar: Lead Me to the Cross (Ligertwood)**

**V.1** Savior I come,  
quiet my soul, remember.  
Redemption's hill,  
Where Your blood was spilled,  
For my ransom.

#### **Pre-Chorus:**

Ev'rything I once held dear,  
I count it all as loss,.....

#### **Chorus:**

Lead me to the cross,  
Where Your love poured out!  
Bring me to my knees,  
Lord I lay me down!  
Rid me of myself, I belong to You!  
Oh lead me, lead me to the cross!

**V.2** You were as I,  
Tempted and tried, human.  
The word became flesh,  
Bore my sin and death,  
Now You're risen!

**Pre-Chorus:**

Ev'rything I once held dear,  
I count it all as loss,.....

**Chorus:**

Lead me to the cross,  
Where Your love poured out!  
Bring me to my knees, Lord I lay me down!  
Rid me of myself, I belong to You!  
Oh lead me, lead me to the cross!

**Bridge:**

To Your Heart, to Your Heart  
Lead me to Your Heart! **(Chorus)**

## ***Eucharistic Acclamations:***

**Mass of a Joyful Heart** (Angrisano)

Holy, Holy – When We Eat – Amen

## **COMMUNION RITE**

**Our Father**

***Lamb of God: Agnus Dei*** (Honore)

***Communion Song 1: Lord I Need You***  
**(Nockels)**

**V.1** Lord I come, I confess.

Bowing here, I find my rest.

And without You, I fall apart.

You're the one, that guides my heart.

## **Chorus:**

Lord I need You, oh I need You  
Ev'ry hour I need You.

My one defense, my righteousness  
Oh God, how I need You

**V.2** Where sin runs deep,  
Your grace is more.

Where grace is found,  
is where You are.

And where You are,  
Lord I am free.

Holiness, is Christ in me.

Where You are, Lord I am free.

Holiness, is Christ in me.

## **Chorus:**

Lord I need You, oh I need You  
Ev'ry hour I need You.  
My one defense, my righteousness  
Oh God, how I need You

## **Bridge:**

So teach my song to rise to You  
When temptation comes my way  
And when I cannot stand I'll fall on You  
Jesus You're my hope and stay  
And when I cannot stand I'll fall on You  
Jesus You're my hope and stay!

## **Chorus:**

Lord I need You, oh I need You  
Ev'ry hour I need You.

My one defense, my righteousness  
Oh God, how I need You!

My one defense, my righteousness  
Oh God, how I need You!

*Christy Nockels | Daniel Carson | Jesse Reeves | Kristian Stanfill | Matt Maher  
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## ***Communion Song 2: Give Us Clean Hands* (Hall)**

**V.1** We bow our hearts,  
we bend our knees  
Oh Spirit come make us humble  
We turn our eyes  
from evil things  
Oh Lord we cast down our idols

## **Chorus:**

Give us clean hands;  
give us pure hearts  
Let us not lift our souls to another  
Give us clean hands  
give us pure hearts  
Let us not lift our souls to another

And oh God let us be  
a generation that seeks  
That seeks Your face oh God of Jacob  
And oh God let us be  
a generation that seeks  
That seeks Your face oh God of Jacob

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## **CONCLUDING RITE**

### ***Sending Forth Song: Your Grace Is Enough (Maher)***

**V. 2** Great is Your love and justice  
God of Jacob

You use the weak to lead the strong  
You lead us in the song of Your salvation  
And all Your people sing along!

### **Pre-Chorus:**

(So) remember Your people  
Remember Your children  
Remember Your promise, O God

## **Chorus:**

(For) Your grace is enough  
Yeah Your grace is enough  
Yeah Your grace is enough  
Yeah Your grace is enough, for me!

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